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Do Llamas Fall in Love?

33 Perplexing Philosophy Puzzles

Peter Cave

The sensational follow-up to the bestsellers Can a Robot be Human? and What’s Wrong with Eating People?

Peter Cave once again takes the reader on a witty, engaging romp through a glorious compendium of philosophical puzzles. With the aid of tall stories, jokes, common sense, and bizarre insights, Cave tackles some of life’s most important questions and introduces the conundrums that will keep you pondering throughout the night.

Illustrated with dozens of quirky cartoons, Do Llamas Fall in Love? leaves no stone unturned, covering a smorgasbord of topics including logic, ethics, art, and politics. It will provide a perfect gift for anyone who puzzles about the world!

About the Author

Peter Cave is a lecturer in philosophy at The Open University and City University, London. He frequently contributes to philosophy magazines and journals, from the serious to the fun. He lectures around the world and has scripted and presented philosophy programmes for the BBC.

“Peter Cave is Britain’s wittiest philosopher.”

Raymond Tallis, author of The Kingdom of Infinite Space: A Fantastical Journey Around Your Head

“Cave is not just a very gifted philosopher, he’s clear, captivating, and funny too.”

Stephen Law, author of The Philosophy Gym and editor of Think

For more Philosophy/Humour titles visit www.oneworld-publications.com
Priceless
The Hidden Psychology of Price and Value
William Poundstone

Why do text messages cost money while e-mails are free? How did Apple persuade people to pay for music instead of downloading it for nothing? The answer is simple: prices are a collective hallucination.

In *Priceless*, bestselling author William Poundstone reveals the hidden psychology of value. In psychological experiments, people are unable to estimate “fair” prices accurately and are strongly influenced by the unconscious, irrational, and politically incorrect. “Price consultants” advise retailers on how to convince consumers to pay more for less, and negotiation coaches offer similar advice for business people cutting deals.

The new psychology of price dictates the design of price tags, menus, rebates, “sale” ads, cell phone plans, supermarket aisles, real estate offers, wage packages, tort demands, and corporate buyouts. Prices are the most pervasive hidden persuaders of all. Rooted in the emerging field of behavioral decision theory, *Priceless* will prove indispensable to anyone interested in how we interact with the financial world around us.

About the Author

**William Poundstone** is the author of more than ten non-fiction books, including *Fortune’s Formula*, which was the Amazon Editors’ Pick for #1 non-fiction book of 2005. Poundstone has written for *The New York Times*, *Psychology Today*, *Esquire*, *Harpers*, *The Economist*, and *Harvard Business Review*. He has appeared on *The Today Show*, *The David Letterman Show*, and hundreds of radio talk-shows throughout the world. Poundstone studied physics at MIT and many of his ideas concern the social and financial impact of scientific ideas. His books have sold half a million copies worldwide.

“It will leave you amused, smarter, and wondering about what money and prices really mean.”

**Daniel Kahneman**, professor emeritus, Princeton University, and winner of the 2002 Nobel Prize in Economics

“The smile that creeps onto your face when a marketing gambit reminds you of something you read in Poundstone’s book? Priceless.”

*Business Week*
Packing for Mars
The Curious Science of Life in the Void
Mary Roach

The bestselling author of Stiff explores the irrevocably strange universe of space travel and life without gravity.

What happens to you when you can’t walk for a year? When you can’t have sex? Or smell flowers? What happens if you vomit in your helmet during a space walk? Is it possible to survive a bailout at 17,000 miles an hour?

Space is a world devoid of the things we need to live and thrive: air, gravity, hot showers, fresh produce, privacy, beer. Space exploration is in some ways an exploration of what it means to be human. How much can a person give up? How much weirdness can they take?

To answer these questions, space agencies set up all manner of quizzical and startlingly bizarre space simulations, and as Mary Roach discovers, it’s possible to preview space without ever leaving Earth. From the space shuttle training toilet to a crash test of NASA’s new space capsule (cadaver filling in for astronaut), Roach takes us on a surreally entertaining trip into the science of life in space and space on Earth.

About the Author
Mary Roach is the bestselling author of Stiff: The Curious Lives of Human Cadavers, Six Feet Over: Adventures in the Afterlife, and Bonk: The Curious Coupling of Science and Sex. She lives in California.

“Terrifically witty”
The Telegraph on Stiff

“There is something irresistible about the cheerfully scatological, cheekily skeptical Mary Roach. An informative, diverting romp.”
Observer Review on Bonk
How to Teach
Quantum Physics to Your Dog
Chad Orzel

Get ready to teach an old dog neutrons

In this fresh and informative book, Chad Orzel and Emmy find a new way to discuss the key theories of Quantum Physics and its fascinating history. From quarks and gluons to Heisenberg’s uncertainty principle, this is the perfect introduction to the laws which govern the universe. Each section combines everyday examples with easy-to-understand explanations, and makes quantum physics so simple, that anyone can understand it.

Brimming with wit and accessible to all, the book examines such phenomena as quantum travelling and quantum tunelling using the anarchic behaviour of Orzel’s adopted dog Emmy as a starting point. Clear-sighted and consistently informative, How to Teach Quantum Physics to Your Dog is a uniquely entertaining way to unlock the secrets of the universe.

“Quantum entanglement, quantum teleportation, and virtual particles are all explained with the author’s characteristic lighthearted touch. Readers who’ve shied away from popular treatments of physics in the past may find his cheerful discussion a real treat.”
Publisher’s Weekly

“A fast-moving and fun introduction to some of the deepest mysteries of modern physics. And Emmy is a star.”
Dr Sean Carroll, author of From Eternity to Here: The Quest for the Ultimate Theory of Time

About the Author
Chad Orzel is an Associate Professor in the Department of Physics and Astronomy at Union College, where he carries out research in the field of Atomic, Molecular, and Optical Physics.
The Poppy
Nicholas J. Saunders

From opiates to buttonholes. The making of an icon.

In the first cultural history of the poppy, Nick Saunders brings us one of the strangest and most compelling stories of our time – of how a humble flower became a universal symbol of remembrance and redemption. It is a journey through 3,000 years, from the Trojan War to the ‘War on Terror’, from a primordial world of Greek sorcery and myth, to the killing fields of the First World War and beyond.

Covering the momentous events of the last century – two world wars, millions of war-dead, pacifism, commemoration, and the billion-dollar trade in narcotics trafficking – it shows how our fraught history has created one of the most ambiguous and enduring symbols of our humanity. Tragic and uplifting, deadly yet comforting, the poppy is an ancient symbol reborn as a modern icon.

The Poppy is published in association with the Royal British Legion, and a portion of the proceeds will be donated to this organisation.

About the Author
Nicholas J. Saunders is the world’s leading authority on the anthropology of the First World War. He has had a five-year exhibition on First World War art at the ‘In Flanders Fields Museum’ in Ypres, Belgium, is author of more than twenty books and dozens of articles on archaeology and anthropology, and has appeared in numerous documentaries for the BBC and National Geographic.
50 Campaigns to Shout About

How to Outfit Your Inner Activist

Ellie Levenson

Make the difference that politicians don’t

The always provocative Ellie Levenson is here to drive us to action. From making prescription drugs affordable to lobbying for more ethical banking and clean drinking water for all, Ellie introduces 50 important campaigns, and explains why now is the time to get on your feet and start making a difference. She offers practical advice on involving politicians and other leaders, getting media interest, and planning events, and shares insights from top campaigners, including Drop the Debt, Oxfam, and Doctors without Borders, on how to make the leap from issue to action.

Packed with rousing facts and practical tips, 50 Campaigns to Shout About is an indispensable resource for finding a political voice and making a difference – no matter who is setting the agenda in the halls of government, or closer to home.

About the Author

Ellie Levenson is the author of The Noughtie Girl’s Guide to Feminism and an executive committee member of the Fabian Society, the left-leaning think tank. A lecturer at Goldsmiths College, she has written for The Guardian, The Independent, Financial Times, Cosmopolitan, and others. She lives in London.

“Compassionate, sensible, and pragmatic”

Metro on The Noughtie Girl’s Guide to Feminism

“Timely... Her arguments are delightfully liberal”

The Spectator on The Noughtie Girl’s Guide to Feminism
Sorry, I’m British!
An Insider’s Guide to Britain from A to Z
Ben Crystal and Adam Russ
Illus. Ed McLachlan

The A to Z guide to your own laughable behaviour
Packed with facts and razor-sharp observations, Sorry, I’m British! is hilarious and informative in equal measure. From small-talk to superiority, from the famous stiff upper lip to the infamous football hooliganism, this book will take you through the sometimes sarcastic, often poetic, generally polite, never boastful, but universally proud realm of all that’s British.

Discover the fate of a pitbull named ASBO, find out exactly why we get bank holidays when we do, and learn why it’s better to drive on the left with this mini encyclopedia of British behaviour. Peppered with illustrations from the legendary British cartoonist Ed McLachlan (Punch, Private Eye, The Spectator), this is the perfect book for a nation that loves to laugh at itself.

About the Author
Ben Crystal has worked in tv, film, and theatre, including the 2006 season at Shakespeare’s Globe, and is a narrator for RNIB Talking Books, Channel 4, and the BBC.
He wrote Shakespeare’s Words (Penguin 2002), Shakespeare on Toast (Icon 2009), and The Shakespeare Miscellany (Penguin 2005) with his father, David Crystal.

Adam Russ is an actor and writer who lives in London. His previous books include Revenge Seekers’ Handbook and 101 Places Not To Visit.

Ed McLachlan’s cartoons and illustrations have graced the pages of Punch, Private Eye, The Spectator, The Oldie, Saga, and a host of newspapers, magazines, books, greetings cards, calendars, and films.

For more Humour/Gift titles visit www.oneworld-publications.com
How to Win at Russian Roulette
And Other Fiendish Logic Problems
Thomas Byrne and Tom Cassidy

Test your brain against the best in the business

From FeelGoodButtGone, the antidepressant-diet-pill popular among big-boned housewives, to arch criminals masterminding the theft of Wales, Cassidy and Byrne serve up a wonderfully weird compendium of crazed conundrums and puzzles.

Featuring a storyline involving celebrities and James Bond-style villains, it contains detailed clues and answers to help you progress on your way. With puzzles ranging from the almost painless to the mind-bogglingly difficult, this book will hone your brain into a finely tuned instrument of unstoppable logic – as long as it doesn’t burn you out in the process. Be warned!

“An intensive program with the cerebral marines!”

BBC Focus

“A trove of mindbenders from some seriously bent minds.”

Rober Leighton, founder of Puzzability and author of The Brainiest Insaniest Ultimate Puzzle Book

About the Author

Thomas Byrne is a fledgling genius and straight out of school.

Tom Cassidy is a writer, former teacher, and entrepreneur. Former Vice-Principal of Paddington Academy, he founded the CILCUS English Centre in Hong Kong.
Murder in the Name of Honour
The True Story of One Woman’s Heroic Fight Against an Unbelievable Crime
Rana Husseini

The international bestseller, now in paperback

Claiming the lives of 5,000 women every year, and common in many traditional societies around the world as well as in migrant communities in Europe and the USA, so-called ‘Honour Killings’ involve a ‘punishment’ – often death or disfigurement – carried out by a relative to restore the family’s honour.

Breaking through the conspiracy of silence surrounding this crime, no other writer has taken such an unflinching look at one of the most brutal practices that still exists in the modern world.

About the Author
Rana Husseini is one of the world’s most influential investigative journalists, who has put violence against women on the public agenda around the world. Recipient of numerous awards for bravery in journalism, she is a regular speaker at major international events.

Current Affairs/Gender/Feminism
• UK: March 2009
• US: September 2010
• PB
225mm x 146mm
264pp
£12.99 / $18.95
UK: 9781851685240
US: 9781851687596

“Rana is utterly inspiring. She is a young woman of courage, committed to the principles of truth and justice ... If enough people read this book, maybe the next time a young woman is being stoned to death for having fallen in love, someone will intervene to save her life.”
Jane Fonda, actress, writer, and political activist

“Disturbing, informative, and readable, Murder in the Name of Honour tackles one of the most shocking crimes of the 21st century. A remarkable insight into a horrifying crime and a call to action for everyone who cares about human rights. A must read.”
Kerry Kennedy, founder of the Robert F. Kennedy Center for Human Rights, and chair of the Amnesty International USA Leadership Council

Dance with Chance
Making Luck Work for You
Spyros Makridakis, Robin Hogarth, and Anil Gaba

The international bestseller, revised, and in mass-market paperback

Uneasy with how chance determines a huge part of our lives, we try to control what cannot be controlled and predict what cannot be predicted. It’s a self-delusion that can have serious consequences for our personal finances, careers, happiness, and health. Dance with Chance explains how we all fall foul of this “Illusion of Control”.

Fortunately, when we understand how luck operates, we can lessen its ill effects. From simple investment strategies to warning against some health screenings, the authors offer the revolutionary advice needed to make luck work for you.

This mass-market paperback edition is updated to include full coverage of the credit crunch and is informed by the latest research in psychology and statistics, making it the essential guide for navigating our uncertain world.

About the Author
Spyros Makridakis is Distinguished Research Professor at INSEAD, Abu Dhabi Centre and a former Greek Olympian.
Robin M. Hogarth is ICREA Research Professor at Universitat Pompeu Fabra, Spain. He was formerly a professor at the University of Chicago’s Graduate School of Business.
Anil Gaba is the ORPAR Chaired Professor of Risk Management and Dean of Faculty at INSEAD, France and Singapore, the world’s second largest business school.

“Written by true experts. Informative yet so much fun to read!”
Nassim Nicholas Taleb, author of The Black Swan: The Impact of the Highly Improbable

“Full of unexpected pleasures ... stuffed with fascinating facts.”
Management Today
Growing Up bin Laden

Osama’s Wife and Son Take Us Inside Their Secret World

Jean Sasson, as told to her by Najwa and Omar bin Laden

Osama bin Laden’s first wife and fourth son break the silence to reveal the truth about the private life of a man both loved and feared by his family.

Regarded by the outside world as both a hero and a villain, Osama bin Laden’s own family go beyond the headlines to show us the teenage husband and strict father, the entrepreneur and leader of an international militant network, whose growing fanaticism turned his family’s orderly life upside down. With unprecedented access, and complete with exclusive family photographs, this remarkable book takes us inside the secret world of Osama bin Laden.

“The psychological portrait of the world’s most wanted man is all the more devastating for being written by two people who apparently once revered him.”

The Sunday Times

The Moneyless Man

A Year of Freeconomic Living

Mark Boyle

How long could you live without money?

Imagine a year living without spending money. Former businessman Mark Boyle undertook this extraordinary challenge and recounts the amazing adventure it led him on. Going back to basics and following his own strict rules, Mark learned ingenious ways to eliminate his bills and discovered that friendship has no price.

Encountering seasonal foods, solar panels, skill-swapping schemes, caravans, compost toilets, and – the unthinkable – a cash-free Christmas, Boyle puts the fun into frugality and offers some great tips for economical (and environmentally friendly) living. A testament to Mark’s astounding determination, this witty and thought-provoking book will make you re-evaluate what is most precious in life.

"Mark Boyle is a brave and big-hearted character whose example is an invitation to all of us to change the way we live. Essential and Enjoyable reading.”

Chris Cleave – Sunday Times bestselling novelist of The Other Hand and Guardian columnist
Letters to My Torturer
Love, Revolution, and Imprisonment in Iran
Houshang Asadi

Meet Brother Hamid. He knows how to get answers.

When prominent Iranian journalist Houshang Asadi was arrested in the wake of the Islamic Revolution, he didn’t know why, or that his experiences would make for one of the most harrowing accounts of human suffering to emerge from that troubled country.

Kept in solitary confinement for over two years in one of the most infamous prisons in Tehran, living among rats and cockroaches, Asadi suffered inhuman degradations and brutal, mindless torture to extract his ‘confession’: suspended from the ceiling, beaten, and forced to bark like a dog. Asadi became a spy for the Russians, for the British – in fact for anyone.

Narrowly escaping execution as the government unleashed a bloody pogrom against political prisoners that left thousands dead, Asadi was hauled before a sham court and sentenced to fifteen years. Here he confronts his torturer one last time, speaking for those whose voices will never be heard, and provides a chilling glimpse into the heart of Iran and the practice of state-sponsored justice.

“A scathing indictment of torture and a testament to survival against all odds.”
Michael Henderson, author of No Enemy to Conquer – Forgiveness in an Unforgiving World

“This remarkable, humane story of abuse and survival across Iranian regimes – told by Ayatollah Khomeini’s former cellmate – deserves a global audience, to understand the meaning of cruelty and the reality of modern, tragic, brutal Iran.”
Phillippe Sands, author of Torture Team

Seeds of Terror
How Heroin is Bankrolling the Taliban and al Qaeda
Gretchen Peters

The astonishing exposé of how a booming drug trade funds terrorism

Seeds of Terror will reshape the way you think about the West’s enemies, revealing them less as ideologues and more as criminals who earn billions of pounds every year off the opium trade. With the breakneck pace of a thriller, author Gretchen Peters traces their illicit activities from the vast poppy fields of southern Afghanistan to heroin labs run by Taliban commanders, from drug convoys armed with Stinger missiles to the money launderers of Karachi and Dubai.

Based on hundreds of interviews with Taliban fighters, smugglers, and law enforcement and intelligence agents, Peters makes the case that we must cut terrorists off from their drug earnings if we ever hope to beat them.

“Detailed and highly readable.”
Frederick P. Hitz, former inspector general of the CIA and author of Why Spy?

“A stunning, deeply disturbing book.”
Ahmed Rashid, bestselling author of Taliban and Descent into Chaos
Pink Brain, Blue Brain
How Small Differences Grow into Troublesome Gaps – and What We Can Do About It
Lise Eliot

“Read her masterful book and you’ll never view the sex-differences debate the same way again.”
Newsweek

Do females really have better verbal – and males better spatial – skills? Are women naturally more nurturing, and men more aggressive? And are these differences hardwired into their brains – or are the foundations laid during childhood, when we treat, and teach, girls and boys differently?

Neuroscientist Lise Eliot brings the very latest research in neuroplasticity to bear on the provocative issue of gender difference.

Eliot argues, in clear, accessible language, that these differences can be modified by experience. Indicating points of intervention where social pressures can be minimized, she offers concrete solutions for helping everyone reach their full potential and grow into well-rounded individuals.

Paul Gilbert, author of The Compassionate Mind

“I can’t stop talking about Pink Brain, Blue Brain. This book will change the way you think about boys, girls, and how we come to be who we are.”
Jonah Lehrer, author of How We Decide and Proust Was a Neuroscientist

Mindsight
Transform Your Brain with the New Science of Kindness
Daniel Siegel

From a pioneer in the field of mental health comes a groundbreaking book on the healing power of ‘Mindsight’: the capacity for insight and empathy that allows you to make positive changes in your brain — and in your life.

Daniel Siegel coined the term ‘mindsight’ to describe the innovative integration of brain science with the practice of psychotherapy.

Using interactive examples and case histories from his clinical practice, Dr Siegel shows how mindsight can be applied to alleviate a range of psychological and interpersonal problems. With warmth and humour, he shows us how to observe the working of our minds, allowing us to understand why we think, feel, and act the way we do, and how, by following the proper steps, we can literally change the wiring and architecture of our brains. Practical and profound, Mindsight offers exciting new proof that we have the ability to harness the power of our minds to master our emotions, heal our relationships, transform our sense of well-being, and be all we can be.

“I wish that Pink Brain, Blue Brain had been available when my children were small. Read it if you’re a parent seeking some savvy insight on child rearing, as a teacher looking to help students, or just read it for the pleasure of understanding yourself a little better.”
Deborah Blum, Pulitzer Prize winner and author of Sex on the Brain: The Biological Differences Between Men and Women

Paul Gilbert, author of The Compassionate Mind

“A book that can transform lives. A wonderful achievement.”
Mark Williams, Professor of Clinical Psychology and Wellcome Principal Research Fellow, University of Oxford
The Book of Night Women
Marlon James

From a young writer who radiates charisma and talent comes a sweeping, stylish historical novel of Jamaican slavery written 'in the spirit of Toni Morrison and Alice Walker, but in a style all his own.'

At the heart of the novel is the extraordinary character of Lilith, a spirited slave girl struggling to transcend the violence into which she is born, her story narrated in one of the boldest literary voices to grace the page.

Overflowing with high drama and heartbreak, at its centre is the conspiracy of the Night Women, a clandestine council of fierce slave women plotting an island-wide revolt.

Rebellions simmer, incidents of sadism and madness run rampant, and the tangled web of power relationships dramatically unravels amid dangerous secrets, unspoken jealousies, inhuman violence, and very human emotion.

Shortlisted for National Book Critics Circle Award for Fiction 2010

About the Author
Marlon James was born in Kingston, Jamaica in 1970. He graduated from the University of the West Indies with a degree in literature. He currently teaches a creative writing course in Minnesota and is working on his next novel.

Right of Thirst
Frank Huyler

Shattered by his wife's death, successful cardiologist Charles Anderson is looking for meaning and purpose in his life. Volunteering as a doctor at a refugee camp he finds himself in a remote corner of an impoverished Islamic country in a constant state of conflict with its neighbour. As bombs start to fall, tensions rise to dangerous levels, and the story takes an unexpected turn. This haunting novel about one man's desire to live a moral life offers a moving exploration of the deep cultural differences that divide the world, as well as the fundamental human qualities that unite it.

“Spellbinding from beginning to end.”
The New York Times

“Breathtakingly vivid”
Times Literary Supplement

The Girl Who Fell from the Sky
Heidi Durrow

Winner of the Bellwether Prize for Fiction

The sole survivor of a horrific family tragedy, Rachel is sent to live with a grandmother she’s never met, and thrust into a black community where her light brown skin and startling blue eyes provoke constant attention. Grappling with a world that demands her to be either white or black, and struggling with her grief, she begins to understand the mystery of her mother’s desperate action and the tangle of lives left behind. A searing and heart-wrenching portrait of a young girl dealing with society’s ideas of race and class, whose story encapsulates a humanity both fragile and resilient.

“Heidi Durrow is a wonderfully gifted writer who can summon a voice, a memorable character, with bold, swift strokes. A gem.”
Jay Parini, author of Promised Land

“Haunting and lovely”
Barbara Kingsolver, author of The Poisonwood Bible

About the Author
Heidi Durrow’s writing has appeared in Alaska Quarterly Review, The Literary Review, Smokelong Quarterly, Callaloo, Poem/Memoir/Story, Yale Journal of Law and Feminism, Essence magazine, and Newsday. She received writer Barbara Kingsolver’s 2008 Bellwether Prize for Literature of Social Change for this, her first novel.

Fiction PB • B Format • 368pp • £8.99 • 9781851687343

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The Unit
Ninni Holmqvist

In the iconic tradition of Nineteen Eighty-Four and The Handmaid’s Tale comes The Unit

A brilliant and gripping tale of a dystopian society where “dispensable” people are gently coerced into sacrificing themselves for the “necessary” ones. Arriving at the Unit, new inmate Dorrit finds herself living pleasantly and her days are consoling and peaceful. But when she falls in love, the unbelievable becomes a reality and life suddenly turns unbearable. Dorrit is faced with compliance or escape, and ... well, then what?

“Creepily profound and most provocative.”
Kirkus Reviews

Fiction PB • B Format • 272pp • £7.99 • 9781851687442

Falling to Heaven
Jeanne Peterson

Winner of the San Diego Book Award for Best Novel In Progress

Two travellers arrive on foot in the remote Tibetan town of Shigatse, intending to make it their new home, and are soon happily adopted by their Tibetan neighbours, Dorje and Kinchen, and their small family.

But the arrival of Maoist soldiers into their quiet life shatters everything. In the upheaval that follows Gerald is captured, leaving a pregnant Emma facing an agonizing decision. Dorje and Kinchen’s family is also torn apart as their son abandons the sanctuary of his monastery to fight in the resistance.

Falling to Heaven conjures a panoramic tale that unfolds the mysteries of an ancient and peaceful way of life.

Fiction PB • B Format • 336pp • £8.99 • 9781851687381

Positivity
Barbara Fredrickson

A brilliant, accessible guide from one of the leading lights of the positive psychology movement that draws on cutting-edge research to help you create a healthier, more vibrant, and flourishing life.

With Positivity, you’ll learn to see new possibilities, bounce back from setbacks, connect with others, and become the best version of yourself.

“Fredrickson, one of the pioneers of [positive psychology] knows her stuff. She is a sure-footed and compassionate guide to [this field’s] many findings. Indeed, the best nuggets stem from [her] own work into what she calls the ‘broaden-and-build theory.’”
Washington Post

PB • 225mm x 146mm • 288pp • £12.99 • 9781851687381

An Apple a Day
Joe Schwarcz

The Myths, Misconceptions, and Truths about the Food We Eat

With quick wit and scientific fact An Apple a Day will become your greatest ally in allowing you to better understand the food you eat and the science behind it.

“A sensible, rational overview of the natural chemistry of what we eat.”
BBC Focus

PB • B Format • 384pp • £9.99 • 9781851687268

About the Author

Ninni Holmqvist has published three collections of short stories, including Suit [Kostym]. The Unit marks Holmqvist’s debut as a novelist. She also works as a translator. She lives in Skåne, Sweden.

Jeanne Peterson is a Clinical Psychologist who worked for years with survivors of torture and communist re-education from all over Asia. In her free time she facilitates an advanced writing group in San Diego, where she lives with her two sons.

Dr Barbara Fredrickson is Kenan Distinguished Professor of Psychology and principal investigator of the Positive Emotions and Psychophysiology Laboratory at the University of North Carolina at Chapel Hill.

Dr Joseph Schwarcz is Director of McGill University’s Office for Science and Society, Canada. He is the author of six books and regularly appears on television and radio worldwide.
God Sleeps in Rwanda
A Personal Journey of Transformation
Joseph Sebarenzi with Laura Ann Mullane

A stunning memoir on life after genocide from one of the leading proponents of peace and reconciliation in Rwanda, written with electrifying eloquence and honesty.

In God Sleeps in Rwanda, Joseph Sebarenzi, recounts his escape from Rwandan genocide, his subsequent return to Rwanda as speaker of parliament, and the assassination attempt that forced him to flee the country again. Finding hope even in the world’s darkest hours, this book inspires and educates as the story of a man who has every reason to be bitter, but chooses to live a life of compassion and forgiveness.

“A passionate, heartfelt perspective about the tragedy, and his personal ordeal and survival.”

Herb Boyd, author of Baldwin’s Harlem

PB • 225mm x 146mm • 280pp • £12.99 • 9781851687435

Meccanomics
The March of the New Muslim Middle Class
Vali Nasr

“With his unique credentials and bold insights, Vali Nasr has written a landmark work at a pivotal time. It’s a rich and exciting read.” Robin Wright, author of Dreams and Shadows: The Future of the Middle East.

Renowned Middle East expert Vali Nasr combines historical narrative with contemporary on-the-ground research to take us behind the news and reveal a society being reshaped by an upwardly mobile middle class of entrepreneurs, investors, professionals, and insatiable consumers.

Nasr’s groundbreaking analysis offers a powerful reassessment of a region where financial might – not fundamentalism – does the talking.

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Climate Wars
The Fight for Survival as the World Overheats
Gwynne Dyer

Life After Climate Change: What Will the World’s Powers Do to Survive?

A bold, unflinching look at the expected consequences of runaway climate change in the decades ahead – and how any of them could tip the world towards conflict.

“A truly important and timely book.”

James Lovelock, award-winning scientist, inventor, and originator of the ‘Gaia’ hypothesis

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“Drawing on the combined expertise of leading specialists, the Coping With series offers a comprehensive and practical guide to the causes, treatment, and implications of major disorders. By focusing on the benefits of Cognitive-Behavioural Therapy (CBT), it encourages those having to live with the disorder to take an active role in maintaining and coping with their own or a loved one’s well-being.”

Series Editor: Dr Steven Jones, Professor of Clinical Psychology, Lancaster University

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Suheil Bushrui, Mehrdad Massoudi
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Paul F. Knitter
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